

REQUEST FOR PROPOSALS

MOBILE MENTAL HEALTH CLINIC

September 2025

The Opportunity

The Haisla Nation (HN) is inviting proposals from qualified mental health professionals or organizations to deliver services through a Mobile Mental Health Clinic in Kitamaat Village, near Kitimat, British Columbia.

This initiative represents an exciting opportunity to:

- Bring direct mental health services to a semi-remote Indigenous community.
- Apply trauma-informed and culturally safe practices in partnership with local staff and knowledge keepers.
- Contribute to capacity building and long-term community wellness.

Background

The Haisla Nation is a self-determining Indigenous Nation on the northwest coast of British Columbia. While Kitamaat Village is not considered remote, access to mental health services is limited, with few providers available in the region.

Community members face barriers such as:

- Long waitlists for mental health professionals.
- Travel requirements for specialized services.
- Limited access to culturally appropriate supports.

To address these challenges, the Haisla Nation is launching a Mobile Mental Health Clinic (MMHC) to provide consistent, professional, and culturally safe services within the community.

Purpose of Project

The MMHC will:

- Increase direct access to counselling, therapy, and crisis supports.
- Deliver preventive and educational workshops for all age groups.
- Work collaboratively with HN staff, schools, and community programs.
- Integrate cultural practices and promote holistic wellness.

Project Requirements

The selected professional(s) will:

- Conduct monthly clinic visits (2–3 days each, during the pilot year).
- Provide a mix of individual, family, and group counselling sessions.
- Optional/preferred: Facilitate workshops (e.g., stress management, grief support, parenting).
- Offer crisis intervention services as needed.
- Provide consultation and mentorship to community wellness staff.
- Support referrals to telehealth and regional mental health services.

Qualifications of Firm/Individual

Applicants should demonstrate:

- Registration and good standing with a recognized regulatory body (e.g., BC College of Social Workers, BC Association of Clinical Counsellors, College of Psychologists of BC, College of Registered Nurses of BC).
- A minimum of 3 years of clinical experience, preferably with Indigenous or rural/remote populations.
- Training and application of trauma-informed and culturally safe approaches.
- Strong communication and collaboration skills.
- Flexibility to travel and provide services onsite in Kitamaat Village.

Deliverables

- 1. Onsite Services: Monthly visits (2–3 days) offering individual, family, and group sessions.
- 2. Consultation Reports: Non-identifying service summaries and recommendations.
- 3. Evaluation Participation: Contribution to data collection, surveys, and program improvement.



4. Optional/Preferred: Facilitation of at least one workshop or staff training session during scheduled visits.

Information Required - Proposals

Interested applicants must provide:

- 1. Cover Letter summarizing interest, availability, and approach.
- 2. Professional Background (CV/resume, licenses, credentials).
- 3. Service Model describing delivery approach, integration of cultural safety, and collaboration with local teams.
- 4. Availability (proposed schedule and flexibility).
- 5. Fee Proposal (daily rate or fee schedule; travel/accommodation covered by HN).
- 6. References (minimum of two professional references).

Evaluation Criteria

Evaluation Criteria	Weight
Relevant experience in Indigenous and/or rural settings	40%
Demonstrated clinical expertise and qualifications	30%
Cost-effectiveness of proposal	20%
Ability to provide workshops or training in addition to clinical services	10%

Request For Proposals – Submission Details

All proposals must be submitted electronically in PDF format to: Elizabeth MacDonald Manager, Community Wellness EMacDonald@haisla.ca

Subject Line: RFP – Mobile Mental Health Clinic – Haisla Nation

Proposals must be received by 4:00 pm on September 19, 2025. Late or incomplete submissions will not be considered.

