

Healthcare Resources for People Without a Healthcare Provider in Kitimat

Do you live in the Kitimat area and do not have a healthcare provider? This information sheet will give a brief overview of health services that you can access in your community.



Additional Emergency Numbers

Ambulance & Police-911
Poison Control-1-800-567-8911
Northern Crisis Line-1-888-562-1214
Teen Crisis Line-1-888-564-8336
Suicide Crisis Line-1-800-784-2433
Palliative Care Hotline-250-565-7322 *Ask for a palliative physician on call.*
Pregnancy Options BC-1-888-875-3163
Kitimat Hospital- 250-632-2121



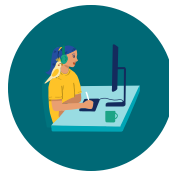
Visit the **Pacific Northwest FETCH website** for a directory of resources and services that can be found in your community: <http://pacificnorthwest.fetchbc.ca>

Need a family doctor or nurse practitioner?
Please register here for patient referral list: pnwdoctor.ca
Or by calling 250-641-8108.



**Pacific Northwest
Division of Family Practice**

A FPSC initiative



Northern Health Virtual Clinic

Northern Health Virtual Clinic is open 10 am to 10 pm daily, to connect with a Doctor or Nurse Practitioner virtually. Make an appointment by calling **1-844-645-7811**.



First Nations Health Authority Doctor of the Day

For Individuals who identify as First Nations a Virtual Care line is open 7 days a week, 8:30 am to 4:30 pm. Make an appointment by calling **1-855-344-3800**.



Health Link 811

Dial **8-1-1**, and you can speak to a health service navigator, who can help you find health information and connect you to a registered nurse, a registered dietitian, a qualified exercise professional, or a pharmacist.



Options for Sexual Health Clinic

The Clinic offers appointments for STI care, pregnancy testing, birth control and PAP screening. The Options Clinic is open Thursday 1:00 p.m. – 4:00 p.m. Drop-in or by appointment. Contact- **(250) 632-3181**.

Sex Sense is a virtual free, pro-choice, sex-positive, and confidential service. Open Monday - Friday 9 am to 9 pm. Connect by phone at **1-800-739-7367**.



Opioid Agonist Treatment

Offers outpatient opioid agonist treatment services (buprenorphine/naloxone or methadone/suboxone) for adults 18 and older with drug dependency issues. Services include overdose survival training, Take Home Naloxone (Narcan) kits, individual counselling, education, support, and interdisciplinary case management for clients. Referral accepted from self or other. Serves Kitimat. Hours are 8:30 am to 4:30 pm Monday to Friday. Contact- **250-632-3181**.