

January / láisdels

"to move back from its zenith (sun)"

2024 - A year in summary

The year 2024 ushered in significant changes for our organization, highlighted by the introduction of a new brand format, a restructuring that created new roles and departments, and the launch of new programs and services for our membership. Some other highlights included:

- our organization transitioned from relying on a single computer technician to establishing a dedicated department under our Director of Information Technology.
- our Culture and Language program expanding into its own department, guiding community members in learning our cultural traditions and language within a safe and supportive environment. With the department's growth they also moved into a new building.
- completing a 5-year communications strategy to help us improve how we communicate with members.
- our communications expanded to include a Membership Portal on haisla.ca.
- Expanded the Haisla Elders Assistance Program.
- Issued a one-time elders payment.
- Additionally, we welcomed two new Councillors during our 2024 By-election, bringing fresh perspectives and insights to our discussions.
- Haisla Nation set a precedent by announcing their final investment decision in July 2024 for the first Indigenous-owned Cedar LNG project.

The hard work of our dedicated staff in serving our Nation and advancing our goals, formed the foundation of our collective success. We have an incredible team and looking ahead to 2025, we are excited to build on the momentum gained in 2024. Our focus will be on further strengthening our initiatives and exploring new opportunities that align with our community's priorities and meet membership's needs.



Haisla Nation Council

2025 Haisla Nation Council Meeting Schedule

In alignment with elected Chief and Council's dedication to providing membership opportunities for engagement, and considering time constraints when tackling agenda items, discussions at our 2024 Council Retreat led to a proposal that was agreed upon at the December 2024 duly convened meeting. This proposal involved adding a second meeting date to the monthly schedule. The goal of this approach is to ensure that there is ample time for both membership discussions and for addressing time limitation concerns.

Haisla Nation Council is the elected decision-making body that sets the overall direction of the Haisla Nation in organizational and community planning. One committee has been established as a branch of Haisla Nation Council, which is the Committee of the Whole (COTW).

The Committee of the Whole (COTW) serves as an intermediary body, ensuring that the organization's operational functions are running effectively and to a satisfactory standard. The role of the COTW is to set expectations and monitor the performance of Administration. The COTW is accountable to the elected Chief and Council, and its primary responsibilities include developing and proposing recommendations to Council and tracking the performance of Administration, ensuring expectations are being met. Agenda items passed at the COTW level will be addressed at duly convened meetings.

Haisla Members are welcome to attend any duly convened council meeting. For those who do not wish to attend but would appreciate a meeting summary, summaries for all duly convened meetings will be released electronically for Haisla membership via the membership portal on haisla.ca and the private membership Facebook page.

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Haisla Nation Council Monthly Meetings for 2025			
Monthly Committee Meetings	Monthly Duly Convened Meetings		
 Tuesday January 14, 2025 	 Wednesday January 15, 2025 		
 Tuesday February 18, 2025 	 Wednesday February 19, 2025 		
 Tuesday March 18, 2025 	 Wednesday March 19, 2025 		
 Tuesday April 15, 2025 	 Wednesday April 16, 2025 		
 Tuesday May 20, 2025 	 Wednesday May 21, 2025 		
 Tuesday June 17, 2025 	 Wednesday June 18, 2025 		
 Tuesday July 15, 2025 	 Wednesday July 16, 2025 		
 Tuesday August 19, 2025 	 Wednesday August 20, 2025 		
 Tuesday September 16, 2025 	 Wednesday September 17, 2025 		
 Tuesday October 14, 2025 	 Wednesday October 15, 2025 		
 Tuesday November 18, 2025 	 Wednesday November 19, 2025 		
 Tuesday December 16, 2025 	 Wednesday December 17, 2025 		

The schedule for the meetings is noted below – please note dates are subject to change:



Steps Haisla Nation Council Follows Upon Receiving Letters or Emails from Community Members:

- Letter/email submissions are received by the Clerk to Council in-person, by email (dugrant@haisla.ca) or by fax (250-632-2840)
- 2 The Clerk to Council will acknowledge receipt of the submission and provide dates of upcoming Committee/Duly Convened Council meetings.
 - Senior management will review the submission and following the applicable policy will make recommendations to the Committees and/or elected Council, if required.

4

Once the item has been addressed a follow up will occur with the community member.



Child & Family Services Youth Services



BEARS[']LAIR Youth **Camps**

10 Days Until Camp! JANUARY 24 - 27, 2025 HAISLA FIRST NATION

ADDRESS: YOUTH CENTRE 327 HAISLA AVE, BC VOT 2B0

FRIDAY- 5 PM-8:30 PM SATURDAY/SUNDAY- 9:30 AM-4 PM MONDAY - 5 PM-8:30 PM

FREE YOUTH ENTREPRENEURSHIP CAMP (INDIGENOUS YOUTH AGES 11-18)

Explore the basics of business and learn how to run your own company! Learn how to turn your ideas into reality!

EACH YOUTH RECEIVES \$100 MASTERCARD FOR PARTICIPATING, AND THE WINNING TEAM RECEIVES \$250 EACH!

AT THE COMMUNITY CELEBRATION DINNER JANUARY 27!

DREAM CAMP INCLUDES:

- Dinner Friday & Monday
- Breakfast & Lunch Saturday & Sunday
- Shirt & Swag

EMPOWERED BY:

- HAISLA NATION
- Team Coaches to help Youth tackle Challenges and develop valuable business, teamwork and life skills such as negotiating, public speaking and budgeting.
- Lots of hands-on activities to create a start-up plan and Team Pitch video for YOUR business ideas.

RioTinto

REGISTER TODAY!

Scan the QR Code to register online!



Email: leandra@bearslairtv.com Phone Number: Ceena (604) 306-7736



Community and Engagement Administration and Communication

Haisla Membership Portal

In December 2024, the Haisla Membership Portal was launched.

What is the Haisla Membership Portal?

It is a dedicated section on haisla.ca where registered Haisla members can log in to access organizational updates and resources.

Why was it created?

We understand that not everyone utilizes social media, so the portal was created to offer information to our membership. We recognize our organization operates slightly differently from a municipality in that some of the information we share is exclusively for registered Haisla Members, so the portal offers a space where Membership can go to stay informed.

What type of information will the portal offer?

It will feature meeting summaries, announcements, notices to membership, along with a calendar that will offer links for virtual community meetings.

Where do I go to register?

• Visit haisla.ca.



- On the homepage, you will see a black navigation button labeled "Membership Portal."
 Click on this button and follow the prompts to provide the required information.
- Our Communications department will verify your membership with our Membership Clerk, and once confirmed, your request will be approved.
 - Your status card number will be used to validate your registration with the Haisla Nation and will be deleted after your information is verified.

Can I share the information found in the portal?

The information found in the portal is confidential and meant solely for registered Haisla Members. By clicking on the login button, users will be acknowledging that the Haisla Membership Portal is confidential and not for public access. Content must not be copied, distributed, or shared on personal accounts.

After I register, if I forget my password, who do I contact?

Please email communications@haisla.ca. Provide your legal name and the email you entered when registering for the portal. Our team will review and reset it when necessary.



Community Services Health and Wellness Department

Haisla Health Centre GRIEF SUPPORT GROUP

In December 2024, we started an in-person Grief Support Group at the Haisla Health Centre. The Group is facilitated by our clinical counsellor, Amanda Sparkes. This Group welcomes all individuals. Light snacks will be provided.

Every Tuesday Time: 1:30 PM to 2:30 PM Location: Haisla Health Centre



HAISLA NATION

CONTACT: AMANDA SPARKES Phone: 250-639-9361 Ext. 313



Haisla Men's Wellness Group

Men's mental health is important.

Haisla Nation proudly offers a safe and inclusive environment for men to come together and share their experiences.

When: Thursday Evenings Location: Haisla Health Centre Start time: 7:00pm

*The group gathers every Thursday, unless a cancellation is necessary.

If you would like to attend or need more information, please reach out to Vincent Paul at: vpaul@haisla.ca or call 250-639-9361, Ext. 314.

Additionally, you can contact the Haisla Health Centre at 250-632-3600 for any inquiries.

Together, we can transform the landscape of men's health.







Community Services Health and Wellness Department





Health Centre

will be offering a weekly

RESIDENTIAL SCHOOL SURVIVOR SUPPORT GROUP

Every Wednesday

Time: 1:30 PM to 2:30 PM

Location: Haisla Health Centre

In December 2024 we began holding an in-person Peer Support Group at the Haisla Health Centre, facilitated by our clinical counselor, Amanda Sparkes. This group welcomes all individuals. Light refreshments will be provided.

Join us as we come together to share and provide support to one another in a safe and nurturing environment.

CONTACT: AMANDA SPARKES Phone: 250–639–9361 Ext. 313





RECREATION CENTRE JANUARY 2025 ACTIVITIES

MON From 9:00 AM to 10:00 AM, we will be holding WED an Elders' Walking and Stretching group. The **FRI** gymnasium floor will be used for this activity.

THUR

TUE From 9:00 AM to 10:00 AM, we will be holding a Nation Staff Walking Group. Haisla The gymnasium floor will be used for this activity.

TUE From 10:00 am to 11:00 am we will be holding a Community Walking Group. The gymnasium **THUR** floor will be used for this activity.

MON. JAN 6TH Badminton

TUE. JAN 7TH Floor Hockey

WED. JAN 8TH Bootcamp

THU. JAN 9TH Youth movements for life coordination drills

FRI. JAN 10 Free play

The new year presents an excellent opportunity to

become more active. Our programming aims to

introduce activities beyond just basketball.



The Haisla Health Centre is excited to share that Tom Smith will be visiting our community from January 20 to 24, 2025. Tom specializes in various energy techniques that focuses on understanding the body's responses to grief, as well as spiritual, emotional, and physical trauma.

To schedule your appointment, please contact the:

Haisla Health Centre Phone: 250-632-3600



These are a variety of energy techniques that focuses on understanding the body's reaction during Grief, Spiritual, Emotional & Physical Trauma.

oreathe

The body knows

Mind, Body, And Spirit

Opened invitation to book a session Call receptionist at the Health center to book appointment 250-632-3600





Virtual Mental Health & Substance Use Services

NORTHERN REGION First Nations Health Authority

Mental Wellness Supports Listing

The Northern Regional Mental Wellness Team is available to support the navigation of the following services as requested and you can access any member of our team at MWResponse.North@fnha.ca.

URGENT SUPPORT OPTIONS

Northern BC Crisis Line is an option that offers safe, confidential and non-judgmental crisis support to discuss anything troubling you, 24 hours a day. Toll-free: 1-888-562-1214.

Northern BC Youth Crisis Line is a confidential, anonymous peer support service operated by trained youth answering calls from other youth. Text: 250-564-8336. Phone: 1-888-564-8336. An online chat for youth in crisis, or in need of information or referrals. The chat line is open from 4:00 pm to 10:00 pm daily. Find the link at: https://crisis-centre.ca

310 - Mental Health Call 310-6789 (no area code needed) toll-free anywhere in B.C. to access emotional support, information and resources specific to mental health and substance use issues. Available 24 hours a day.

KUU-US Crisis Line Society operates a 24-hour provincial Aboriginal Crisis Line by calling toll-free at 1-800-588-8717 or visit their website at: https://www.kuu-uscrisisline.com

National Indian Residential School Crisis Line Indigenous Services Canada offers a national Indian Residential School Crisis Line to support former Residential School students. The crisis line provides emotional and crisis referral services 24 hours a day. Call toll free: 1-866-925-4419.

Hope for Wellness Helpline offers 24-hour immediate mental health counseling and crisis intervention to all Indigenous Peoples across Canada. Call toll-free: 1-855-242-3310 or visit their chat line: https://www.hopeforwellness.ca/

MENTAL HEALTH AND SUBSTANCE USE SERVICES (Appointment-Based):

First Nations Virtual Doctor of the Day offers regionally-based, virtual primary health care support and delivery to First Nations people and their families living in BC, and supports community-based nurses and other health professionals to deliver primary care.



Phone (toll-free) 1-855-344-3800, 8:30 p.m. to 4:30 p.m., seven (7) days a week. Visit their website at: https://www.fnha.ca/what-we-do/ehealth/virtual- doctor-of-the-day

Virtual Substance Use & Psychiatry Service provides individuals with access to specialists in addictions medicine and psychiatry free of charge. Phone (toll-free) 1-833-456-7655 to request a referral for VSUPS.

- Substance Use and Addictions Medicine: Monday to Friday 9:30 a.m. to 5:30 p.m.
- Psychiatry Service: Monday to Friday 10 a.m. to 3 p.m.
- https://www.fnha.ca/what-we-do/ehealth/virtual-substance-use-and-psychiatry-service

Indian Residential School Survivors Society (IRSSS) has partnered with FNHA to ensure cultural supports are available to all communities/individuals including those who are not residential school survivors. This includes northern cultural supports and knowledge keepers. Cultural supports offered may include supporting with ceremonial/spiritual guidance, Indigenous Focused Oriented Therapy, energy work, and other traditional wellness modalities. Phone (toll-free) 1-800-721-0066 or visit their website: https://www.irsss.ca

Tsow-Tum Le Lum Society (TTLS) provide confidential outreach services such as counselling and cultural support by phone, video, or other means as possible. Phone (toll-free) 1-888-403-3123 or visit their website: https://www.tsowtunlelum.org

Adah Dene Healing Society (ADHS) offers cultural healing and wellness supports. Priority is COVID-19 supports at this time to Fort St. James and surrounding communities, including the Prince George area. For virtual care to set up an appointment via phone contact Margo Sagalon: 250-996-3813 or Tracey Charlebois: 250-996-1475.

Carrier Sekani Family Services (CSFS) offers health and cultural supports among CSFS member communities. Request IRS Support at the CSFS toll-free number, 1-866-567-2333. ext. 2407. If local to Vanderhoof, contact Shawna Larocque at 778-675-4036.

FIRST NATIONS HEALTH BENEFITS MENTAL HEALTH PROVIDER LIST

Provider listing use QR Code or:

https://www.fnha.ca/Documents/ FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf

Approximately 900 providers are registered across the province, listed by community they reside in. Individuals call providers directly from the provider listing, providers will assess for eligibility and bill FNHA Health Benefits directly.

Website: https://www.fnha.ca/benefits/mental-health





Community Services

Community Wellness Department

We are providing our department's (Health and Wellness) contact information for your convenience.

Please feel free to save this page and pin it on your fridge!

Haisla Health Centre Direct Line: 250-632-3600				
Haisla Nation: (Toll free: 1-888-842-4752) 250-639-9361 EXT #				
Name	Title	Email	EXT #	Work Cell
AMANDA Sparkes	Clinical Counsellor	asparkes@haisla.ca	313	778-884-5949
ANITA-PIE Grant	Personal Care Aide	angrant@haisla.ca	306	250-639-7491
BARBARA Duff	Homecare Nurse (LPN)	bduff@haisla.ca	353	250-279-7734
CHANTELLE Coles	Personal Care Aide	ccoles@haisla.ca	306	250-279-5596
CRYSTAL Ross	Administration	cross@haisla.ca	319	250-279-9987
DELILAH Ross	Receptionist	dross@haisla.ca	301	
ELAINE Ross	Community Health Representative	elross@haisla.ca	310	250-632-1466
ELMER Grant	Recreation Centre Attendant	recattendant@haisla.ca		250-632-3301
ERIC Bottah	Health Manager	ebottah@haisla.ca	303	250-639-6973
JESSICA Maitland	Patient Care Lead	jmaitland@haisla.ca	316	250-279-3859
JOE (Alex) Grant	Recreation Coordinator	algrant@haisla.ca		250-632-3301
KATIE McDermott	Homecare Nurse (RN)	kmcdermott@haisla.ca	353	250-279-7734
KYLA Baer Aben	Heart & Diabetes Nurse	kbaer@haisla.ca	305	250-632-1812
LORNA Wilson	Homemakers	lowilson@haisla.ca	316	250-639-7352
LUCILLE Harms	Director of Health & Wellness	lharms@haisla.ca	304	Direct to Crystal
NOREEN Gray	Personal Care Aide	ngray@haisla.ca	306	250-279-9509
RAYMOND Grant	Recreation Centre Attendant	recattendant@haisla.ca		250-632-3301
SALLY Davis	Patient Travel Clerk	sdavis@haisla.ca	315	250-639-6695
SANDRA Robinson	Patient Travel Clerk	srobinson@haisla.ca	307	250-639-6695
TYRELL Duncan	Recreation Centre Attendant	recattendant@haisla.ca		250-632-3301
VICKI Grant	Administrator for HNC Supplemental Medical Assistance Fund	vgrant@haisla.ca	317	250-279-5227
VINCENT Paul	Alcohol & Addictions Awareness Wellness Worker	vpaul@haisla.ca	314	250-632-1299



HEALTH AND WELLNESS

 Bill To: 500 Gitksan Avenue, Haisla, BC V8C 9A7

 Ship To: 130 Owekeno Avenue, Haisla, BC, V8C 9B5

 P
 250.632.3600 TF
 1.888.842.4752



Community Outreach Eye Care

The Community Outreach Eye Care team has been working with FNHA to bring vision clinics to remote communities and cities throughout the province. Bringing a mobile optometry clinic to our community offers a great service and benefits people in need of vision care.

The Eye Care team provides complete diagnostic eye exams and prescription glasses using the latest technologies. Residents with conditions such as diabetes, high blood pressure, arthritis, and any ocular diseases are strongly encouraged to be seen yearly.

For those patients who require vision correction, they may choose from a selection of frames that will be properly adjusted for the best fit and look. The eye doctor's objective is to establish a solid relationship with every community they visit, allowing consistent service to patients.

THERE IS NO COST TO YOU FOR AN EYE EXAM:

- if you have status and are fully eligible.
- if you are 18 yrs or under (Minor)or 65 yrs (senior), you are allowed to take a yearly eye exam, fully covered under Status/MSP.
- all other ages are eligible every 2 years (with prior approval)

Information Needed from Clients prior to appointment for approvals:

- NAME
- DATE OF BIRTH
- STATUS NUMBER
- BC HEALTH NUMBER
- PHONE NUMBER
- EMAIL (optional)

If you have any questions about the upcoming Eye Care clinic please feel free to reach out to:

Elaine Ross, Community Health Representative Email: elross@haisla.ca Phone: 250-639-9361, Ext. 310 Mobile: 250-632-1466





COMMUNITY OUTREACH EYE CARE

WILL BE AT THE HEALTH CENTER

DATE(S): FEBRUARY 24 + 25 + 26, 2025



Our vision clinic offers:

- ✓ Diagnostic Eye Exam
- Contact Lens Fitting and Trials
- V Ophthalmology Referrals
- ✓ Dry Eye Products
- ✓ Wide Selection of Frames

Ready to book an appointment?

Please contact the health center for available appointment times.

Health Center Contact Elaine Ross, Community Health Rep.

Phone: SEC SEC ODEL and SID

one: 250-629-9361 ext. 310

Address: 130 Ovrekene Ave.

Phone: 778-355-6664 Email: communityoutreacheyecare@gmail.com Mailing Address: 3-101 Morrissey Rd. Port Moody, BC, V3H (www.suterbrookontometry.com



Community Services

Community Wellness Department

MINDFUL MATTERS COUNSELLING SERVICES COMPANY

Owner/Operator: Amanda Sparkes, BA, MSWM RCC, PhD (Candidate)



Wondering if therapy is right for you? You're not alone.

Seeking help from a mental health expert is something many people consider, especially when:

- facing a significant crisis
- dealing with an extended period of anxiety or depression
- coping with a major life transition
- dealing with complicated family dynamics
- grappling with problems in a relationship
- trying to manage addiction or substance abuse
- wanting to make changes for better mental and emotional health

This is where I can help!

My name is Amanda Sparkes, and I am a Registered Clinical Counsellor with the British Columbia Association of Clinical Counsellors and am completing my PhD in counselling and psychotherapy through Yorkville University. I hold a master's degree in clinical social work, whereby my focus was around mental health and addiction treatment, specifically serving and working within northern rural and remote communities and service provisions. My approach to practice specializes in the understanding of 'culturally respectful social work practice', anti-oppressive paradigm, and holistic healing through mindful practice. I am experienced in offering counselling services to children, youth, adults, and families focusing on issues including overall mental health and wellness, substance use disorders, post-traumatic stress disorder (PTSD), anxiety, and depression.

On a more personal note, let me share a bit about who I am and where I come from. I was born in Smithers, BC and lived in the small Village of Telkwa, BC. When I was 9 years old, my family moved to Terrace, BC where I lived until I moved away for attending University. In 2007 I moved back to Terrace, and then Prince Rupert for several years. In 2018 I relocated back to Terrace, where I still live with my 13-year-old son, our two huskies, Blue and Lucy, and two newly adopted kittens, Sami and Burger. I spend a great amount of time at the arena watching my son play hockey, enjoy camping at the lake in the summer, and try to jet off to somewhere tropical once or twice a year. I love the region where we live and am so thankful I get to give back to the local communities I feel so connected to.

Within the realm of counselling and clinical social work practice, my approach to healing is largely holistic, multi-disciplinary, and client centered. My intention in providing therapy for people is to assist in navigating one to individual growth, healing, health, and wellness through various therapeutic modalities contingent upon what resonates and speaks to everyone. Healing is an individualized dynamic journey, and I feel grateful and blessed to have the opportunity to assist in helping my clients grow, heal, and journey to living their best lives.



Kitamaat Village Physiotherapy Clinic

Carolyn Watt, a Physiotherapist at Kitimat hospital, will be coming to Kitamaat Village on Tuesday, January 21, 2025

Physiotherapists are health care professionals who help people with:

Muscle or ligament injuries Recovery after fractures or dislocations Recovery after joint or muscle surgery Chronic pain Vertigo Balance problems Bladder incontinence

We also offer strengthening and balance group classes at the Elder's Centre during our visits. Contact us for more info!

Book an appointment to see Carolyn by calling 632-8331 or text 250-279-4081. Appointments can take place at the Haisla Health Centre or at your home



Hexwál ^fiala Family Healing and Support Program

Our Team is here to help families to reduce conflict and stress through Mediation and Co-Parenting & Counselling

Services for Haisla Families

- Conflict Resolution and Co-Parenting Counselling
- Mediate Parenting Plans and Financial Support

Law Mediator Lani E. Gibson Heart Space Solutions Email: heartspacesol@gmail.com

Social Services Manager Renata Moore Cell-250-279-1111 Email: Rmoore@haisla.ca

Community Health Representative Elaine Ross Cell-250-632-1466 Email: elross@haisla.ca Registered Clinical Counsellor Amanda Sparkes Phone: 250-639-9361 ext-313 Email: ASparkes@haisla.ca

Alcohol & Addictions Awareness Wellness Worker Vincent Paul Cell-250-632-1299 Email-vpaul@haisla.ca



He**x**^wál iala "Keep On Going Together"

Our program helps families move forward together in a healthy and positive way. We help resolve conflict, improve communication and create parenting plans.

Haisla Health Centre | 130 Owekeno Avenue | Haisla, BC | Phone: 250-632-3600



Education and Training Employment and Training

HELP US IMPROVE!

THE EMPLOYMENT & TRAINING DEPARTMENT IS SEEKING YOUR INPUT!

Complete the online survey for a chance to win a prize. The survey is open to 18+ Haisla members. Draw will be on January 17, 2025.

To access more details and to view the survey use the QR code below or click on the link included with this notice!



January 16, 2025

If you have any questions about this survey please email employment@haisla.ca or call 250-632-6151, Ext. 204





Shared Services Haisla Membership Clerk

On-Reserve Wills & Estates

The following general information was forwarded to our organization and we are in turn sharing it with membership.:

For Families: how can I report the passing of a registered First Nations individual to Indigenous Services Canada?

- The first step is to send a copy of the death certificate to Indigenous Services Canada. You can send this (or ask your Nation's membership clerk if they might be able to assist) by email to: <u>BCEstates@sac-isc.gc.ca</u> or <u>BCEstates@Canada.ca</u>
- Include with the copy of the death certificate any initial information you might have about your late family member, including, for example:
 - The First Nation or band they were registered with;
 - Their last residential address;
 - Name of the reserve they lived on; OR, if they did not live on-reserve: did they move offreserve to receive medical care, or temporarily for seasonal work/school?
 - Did they leave a written will?
 - Did they have a legal or common-law spouse at time they passed?
 - Are there any urgent issues? If yes, please provide details of the issue and any deadlines.
 - Is there a settlement application in progress? If yes, please provide detail.

For Community members: Where can I find information about on-reserve wills and estates?

- Visit the Indigenous Services Canada website and search for:
 - **On-reserve estates (General information):** this includes topics such as what is an estate? what does an administrator/executor do? <u>Estate services for First Nations (sac-isc.gc.ca)</u>;
 - Responsibilities of an estate administrator (General Information)- <u>Administering an Indian</u> <u>Act Estate: General Information for Administrators (sac-isc.gc.ca);</u>
- Community members can also visit the following website to read more about:
 - Aboriginal Legal Aid information about on-reserve estates <u>https://aboriginal.legalaid.bc.ca/reserve-legal-issues/wills-estates</u>
- Further questions about on-reserve estates? Please contact the ISC BC Region Estates unit by email: <u>BCEstates@sac-isc.gc.ca</u>

Hazel Annibal serves as the Membership Clerk for the Haisla Nation. You can contact her via email or phone with any membership related inquiries:

> Email: hannibal@haisla.ca Phone: 250-639-9361 Ext 101 Mobile: 250-279-1000



Territory and Culture Natural Resources

WINTER WEATHER REMINDER

December 2024



TO: HAISLA HARBOUR USERS FROM: HAISLA NATION NATURAL RESOURCES DEPARTMENT & HARBOUR OPERATIONS

As life gets busier and winter draws near, we want to take a moment to remind Haisla Harbour Users to ensure that you or a family member can look after your boat(s) during the heavy rains and snowfall this season. We recommend regularly checking the condition of your vessel to prevent damage from the elements. It is a good habit to verify that your lines are secure and that all necessary precautions are taken to protect your boat from high winds and tides. Remember, a little preparation can go a long way in safeguarding your investments.

As you prepare storage on your property for your skiff, if you need assistance pulling it, please contact the Haisla Natural Resources department at 250-639-9361, Ext. 207 and we can assist you.

We appreciate your cooperation and wish you a safe and enjoyable winter season. Stay warm and feel free to reach out if you have any questions or need further assistance.

Contact for Haisla Harbour Operations is: Brenda Bouzane Phone: 250-639-9361, 207 Email: bbouzane@haisla.ca





Territory and Culture Natural Resources



The Haisla Fisheries Commission manages communal and commercial fishing licenses for prawn, crab, halibut, and salmon on behalf of the Haisla Nation.

If you are interested in fishing these licenses or participating in training opportunities available through these licenses in 2025, please contact the Haisla Natural Resources Department.

Contact: Brenda Bouzane Phone: 250-639-9361, Ext. 207 or 213 Email: bbouzane@haisla.ca

Expressions of Interest closing date is January 31, 2025

