



HAISLA NATION COUNCIL

August 2023

gʷáxilaqus

“month when dog salmon spawn”

dútł̓

yaúč / hello.

AUGUST 2023

Haisla Youth Participate in the 10th North American Indigenous Games

The 10th North American Indigenous Games (NAIG) were held in Halifax, Nova Scotia from July 15-23, 2023, on the traditional and ancestral territory of the Mi'kmaq people. The games are meant to celebrate Indigenous sports and culture and bring together athletes from all across Canada.

For NAIG 2023 we had some of our Haisla youth travel with their respective teams to participate in the week-long event that hosted competitions in 16 sports, of which basketball was one:

- Marcus Smith – Team BC - Male U14 Basketball
- Dallas Gray – Team BC - Male U16 Basketball
- Brooke Gray – Team BC - Female U19 Basketball
- Mikkeila Ridsdale – Team BC - Female U19 Basketball

The results of the weeklong games for our players were:

- Team BC's Male U14 Basketball – Bronze medal
- Team BC's Male U16 Basketball – Fourth place in their division
- Team BC's Female U19 Basketball – Fourth place in their division



We are sharing each participant's player information from the NAIG 2023 website on the following page as well as some photos that were submitted to be shared with our membership. Congratulations to all the players on making Team BC! Your hard work and persistence certainly paid off. What an experience!

Deanna Gray, Haisla member, also participated by stepping in to help coach the Male U14 Basketball team. She herself earned a bronze medal in her coaching role. Another to add to her collection which includes one gold received as a player in 1993 and one bronze received as a player in 1997.

A reminder the Haisla Youth Sports Fund assists with certain expenses through an application process, open to registered Haisla members, for both individual and team sports. For more on the Haisla Youth Sports Fund please visit haislayouthfund.com.



NAIG 2023 continued...



Name
Brooke Gray

Delegation
British Columbia

Type
Athlete

Sport
Basketball



Name
Mikkeila Donae Brya Ridsdale

Delegation
British Columbia

Hometown
Kitimat B.C.

Type
Athlete

Sport
Basketball



Team BC - U19 Basketball Team



Team BC - U16
Basketball Team
cheering on their
teammates



Name
Dallas Gray

Delegation
British Columbia

Hometown
Kitimat

Type
Athlete

Sport
Basketball



Name
Marcus Arnold Otto Smith

Delegation
British Columbia

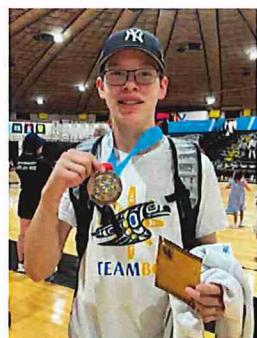
Hometown
Terrace

Type
Athlete

Sport
Basketball



Team BC - U14 Basketball Team - Bronze medal recipients



Marcus Smith proudly
showing his Bronze Medal





Haisla Nation Council News



July 27, 2023

Crystal,

I am writing to express our gratitude for your participation in LNG23. As a speaker, you were essential to our being able to provide current, expert, and insightful knowledge that stimulated thoughtful discussion during and after the event.

Your support has helped us make LNG23, which featured over 250 international speakers from North America, Europe, Asia Pacific, Africa, and South America, an open and friendly environment that encouraged and nurtured in-person connection, learning, and collaboration. With your help, we were able to successfully curate LNG23 into the largest gas conference post-Covid. Finally, your participation also made a lasting impact in the local community through our partnership with Second Harvest, the largest food rescue charity in Canada.

Thank you for helping us make LNG23 a resounding success. We look forward to an opportunity to work with you again in the future.

Best Regards,

Gloria Cheng
Spotlight Program Manager

Marcus Gurske
Conference Program Curator





Haisla Nation Council

Introduction



meet

CONSTABLE JOSH CULLEN

Constable Josh Cullen will be stepping in as our Indigenous Police Services (IPS) officer for Constable Debbie Pocock while she is away from the office.

Constable Cullen has been with the RCMP since 2019. He transferred to Kitimat from Fort St. John with his family; his wife Anna and their two children.

In his five years of service, he has worked with several different organizations including the SPCA, as well as the oil and gas field and the Site C Hydro facility. Stepping into the role of Indigenous Police Services here in Kitimat, Constable Cullen would like to focus on engaging with our community, traffic enforcement and bringing criminal activities to the justice system. His goal is to be visible so you may have already seen him walking through our community, stopping and talking to those who wish to introduce themselves.

On the topic of traffic, community members have repeatedly requested Haisla Nation Council address the speeders in our community and on the roadway that connects us to the town of Kitimat. Constable Cullen is aware of this and will be spending time using radar enforcement which will result in a lot of traffic stops on random streets, not just on high trafficked areas. Please note that this is in line with addressing community concerns that have been expressed.

We are looking forward to Constable Cullen's increased presence in our community and support his focus on traffic initiatives.

So, if you see Constable Cullen around, make sure to welcome him to our territory!



Email: josh.cullen@rcmp-grc.gc.ca
Phone: 250-632-7111





Writing to Council - The process

Steps Haisla Nation Council takes when letter submissions are received from community members:

- 1** Letter submissions are received by the Clerk to Council in-person, by email (dugrant@haisla.ca) or by fax (250-632-2840)
- 2** The Clerk to Council acknowledges the receipt of the submission and provides dates of upcoming Committee and Council meetings.
- 3** Senior management reviews the submissions and following policy makes recommendations to the Committee and/or Council if required.
- 4** Follow up response to community member.



Haisla Economic Development Department



HAISLA NATION

Haisla Centre Project

Update: Summer 2023

As the Haisla Nation advance planning for the next phase of the Haisla Centre Project, we want to make sure the community is informed about site activities and future plans. To receive updates, please follow us on Facebook.

Current activities:

This summer, Kitimat residents may see an increase in activity at the Haisla Centre site. Current activities are focused on the removal of fencing and the construction of a road and sidewalk.

We will also commence grading portions of the site to ensure the site is ready for the construction of Phase 2 developments, timing which is subject to detailed planning and financial analysis.



Project Update:

The first phase of the project, the Haisla Condo building, includes a 49-room building which was completed in 2017. The building is currently being leased to LNG Canada to provide housing for the project employees.

Phase 2 of the project envisions a broad range of residential and commercial spaces, and services and amenities for the community.

Timing of the development of Phase 2 is subject to further detailed analysis and financial feasibility work.

2014	2015-2017	2020	2021	2023 - We Are Here	2024 & beyond
• Haisla purchases land from Province	• Phase 1 construction, with completion and occupancy in 2017	• Business Development Manager hired to oversee development	• Community research regarding Phase 2 • Conceptual design complete	• Site work • Ongoing project planning (Phase 2)	• Haisla initiate construction of Phase 2 (subject to change)

Community input helps shape the future of Haisla Centre

A community survey was undertaken in the Fall of 2021 to collect input to support the next Phase of planning. The survey allowed respondents to provide feedback on the facilities they would like to see as part of Phase 2.

Survey Highlights:

- The most popular facilities included a movie theatre, a food hall and a café; and
- For preferred retail services, the most popular options were a clothing store, bowling lanes, or a shoe store.

The results of the survey are being considered, together with financial analysis, to develop a final vision for Phase 2.

We look forward to building facilities that are in the interest of the community's needs and, in so doing, support economic development opportunities within Kitimat.

About Haisla Centre

Duu'duks'wa ci'mo'ca means "our vision" and is the name of Haisla's Comprehensive Community Plan (CCP). This plan was created by, and for, Haisla Nation members. As part of our vision, the Haisla Nation is leading the development of the Haisla Centre Project, located at the site of the old Kitimat hospital. The land was acquired by the Haisla Nation from the Province of British Columbia and the master plan is supported by the District of Kitimat, with permitting in place.

Stay connected

The Haisla Nation will provide an update on future phases of the project through the Haisla website and Facebook page, community events, and engagement with the District of Kitimat, and other community partners.

Web: Haisla.ca

Email: Igrant@haisla.ca

Facebook: www.facebook.com/HaislaNation



Haisla Education Department



HAISLA NATION COUNCIL

Education Department

128 Owekeno Ave Haisla, BC V0T 2B0

Phone: 250-639-9361 Ext. 351 Toll free: 1-800-842-4752

Email: amaitland@haisla.ca



School Supply Allowance Application Form 2023/2024

HNC provides a school supply allowance for each registered Haisla band member entering Kindergarten through Grade 12, attending school off and on reserve.

There will be two application deadlines and payment batches as follows:

Batch 1: Application deadline July 21, 2023	Payment by Friday, August 4, 2023
Batch 2: Application deadline August 25, 2023	Payment by Friday Sept. 1, 2023

Payment will be made by EFT (direct deposit) to the parent/guardian. Where possible, completed forms be emailed to Angie Maitland at amaitland@haisla.ca. you will receive an email verifying your email was received. When not possible, forms may be dropped off to the Haisla Nation Council Band Office or mailed to (PO Box 1027, Kitamaat, BC V0T 2B0). Incomplete forms will cause delays.

Complete one form per student.

Please use the student's legal name.

If there is no status number included, the application will not be processed.

Please use one form per child

Student Name: _____ Status #: _____

School Attending: _____ Grade: _____

Payment payable to (Parent/Guardian's Legal) Name: _____

Phone: _____ Email: _____

Banking information attached – must be original bank document or void cheque.

- Grade k-6 \$75.
- Grade 7-9 \$100
- Grade 10 -11 \$200
- Grade 12 \$300

By signing you are confirming that the student is planning on attending school for the 2022/23 school year and the student is a registered Haisla band member.

Parent Signature: _____ Date: _____

For Office Use Only:

Approved: _____

Date received: _____



Haisla Employment and Training Department

Back in May of this year a call for expression of interest was made for a Heavy Equipment Operators Course to be held in Kitamaat.

Fourteen individuals put their names forward, three females and eleven males, making the commitment to the nine-week training from July 2023 to September 2023. By September participants will have put in 270 hours of seat time during their training.

A dozer, excavator, rock truck, grader and wheel loader round out the five machines the students will have hands-on training with. Before getting in the driver's seat each student gets some practice time using a simulator to get the feel of the controls of the machines. Having Haisla Territory's own back yard as the students' classroom is not a bad classroom to be in. Their daily view is one to be admired.

The Haisla Employment and Training department would like to remind community members that active machinery is operating on the Forest Service Road (FSR) that leads up the hill from Raven Crescent out to Clio Bay. The road is only one-lane traffic and is not wide enough for passing vehicles. The instructors use radios to announce their position on the roadway as they drive past each marker to let oncoming traffic know they are approaching so adequate time is permitted to adjust. The Heavy Equipment Operators course runs from 8:00 am to 4:00 pm and classes are in session every other weekend. Community members who utilize the FSR are asked to keep their and our students' safety in mind when travelling on this roadway.

We look forward to witnessing the graduation of all students from the Heavy Equipment Operators course.





Haisla Employment and Training Department





Haisla Health Department

From Lucille Harms, Director of Health & Wellness:

The Haisla Health Centre has continued to search for a Mental Health Therapist for our Health Centre, however, have not filled the position to date. The Haisla Health Centre wanted to share the following list with our membership of available councillors out of Terrace, BC. Some meet face-to-face, virtually or both. All are covered through the First Nations Benefits Program. Please see the list below for their contact information.

MENTAL HEALTH PROVIDERS

The list below offers Mental Health Provider contact information from Terrace. A few of them have provided services to our membership previously then became independent. The following individuals are covered under the First Nations Benefits Program. Some meet face-to-face, virtual or both.

Asta Capar - CCC

Ph: 250-638-8311

Terrace, BC

Waitlist less than 1 month

Katharine Smith - CCC

Ph: 250-631-6194

Terrace, BC

Waitlist less than 1 month

Sandra Conlon - RCC, RSW

Ph: 250-615-2241

Terrace, BC

Waitlist less than 1-2 months

Jennifer Vendittelli -RCC

Ph: 250-922-4200

Terrace, BC

Accepting new clients immediately

Teresa Mann - RCC

Ph: 250-641-1118

Terrace, BC

Accepting new clients immediately

Carolyn Ann Doody - CCC

Ph: 250-641-3705

Terrace, BC

Accepting new clients immediately

Rowan Sanderson - CCC

Ph: 250-641-8394

Terrace, BC

Accepting new clients immediately

ACRONYMS:

CCC - Canadian Clinical Councillor,
registered to work all provinces in Canada

RCC - Registered Clinical Councillor

RSW - Registered Social Worker



Haisla Health Department

Pharmacist scope of practice expansion

Excerpts taken from the Q & A media release

To view the full Q & A please visit haisla.ca and you will find the information under NEWS

Key Messages

- People in B.C. will benefit from expanded access to health care as pharmacists can now prescribe for minor ailments and contraception needs.
- As of June 1, 2023, pharmacists can prescribe for 21 minor ailments, including muscle pain, allergies, uncomplicated urinary tract infection and pink eye, and for contraception needs.
- This expanded scope of practice for pharmacists is a key action from B.C.'s Health Human Resources Strategy, announced on September 29, 2022, which supports patients by ensuring they get the health services they need and are cared for by a healthy workforce.
- Pharmacists will assess the patient's presenting symptoms, review their medical history and recommend an appropriate treatment, which may include self-care advice, over-the-counter medications, or prescription medications. They may also be advised to see another health-care provider.
- The public can access more information about this service from this webpage www.gov.bc/seeapharmacist or by calling ServiceBC at 1-833-882-0022.

What ailments are included?

- As of June 1, 2023, the following minor ailments can be assessed by a pharmacist, and if appropriate, they can prescribe medications or other treatments:

- o Mild acne
- o Allergies (allergic rhinitis)
- o Pink eye (conjunctivitis)
- o Skin rash (dermatitis)
- o Menstrual pain
- o Indigestion (upset stomach)
- o Heartburn (acid reflux)
- o Fungal infections
- o Headaches
- o Hemorrhoids
- o Cold sores
- o Impetigo
- o Oral ulcers (canker sores)
- o Oral fungal infections (thrush)

- o Musculoskeletal pain (sore joints/muscles)
- o Nicotine dependence
- o Shingles
- o Threadworms or pinworms
- o Uncomplicated urinary tract infection
- o Itching, including from bug bites
- o Vaginal candidiasis (yeast infection)

- Patients are strongly encouraged to self assess their symptoms in advance at (www.gov.bc/seeapharmacist) to make sure the service will meet their needs. Patients with severe symptoms, or characteristics that may suggest a serious underlying disease should seek immediate medical attention instead of visiting a pharmacy for treatment.
- If their symptoms match an ailment on the eligibility list, they can visit their pharmacist for an assessment



Haisla Health Department

Who is eligible to participate in this program?

- This service is free to every B.C. resident with a Personal Health Number (on your BC Services Card).

How do patients book an appointment to get a prescription? Can they get a prescription over the phone?

- Currently, people can walk into a pharmacy or book an appointment with a pharmacist by phone to receive care for their minor ailments and contraception needs; a prescription may be issued as part of the treatment plan.
- The service must be offered in person; PharmaCare will not cover virtual or phone visits.
- A provincial appointment management system will become available by June 29, 2023.

How will the online booking work effective June 29, 2023?

- The online booking system will be similar to the Get Vaccinated system that people used to book their COVID-19 and influenza vaccination appointments.
- Citizens will be able to locate pharmacies that offer the service they need, be referred to a self-assessment guide to make sure the service is suitable for them, then proceed to book an appointment with the pharmacy of their choice.

What happens if a pharmacist determines that the patient needs more care than they can provide?

- A pharmacist will advise the patient to see another health-care provider, including a doctor or nurse practitioner, if the patient's symptoms are deemed to be non-minor, or if there are other concerns warranting further exams by a physician or nurse practitioner.
- Patients requiring medications not included in the list of drug categories will also need to be directed to see another health provider.

Are all pharmacies able to prescribe for these ailments? What if a pharmacy is not doing this?

- All licensed pharmacists who have completed a mandatory training module developed by the College of Pharmacists of BC can prescribe for these ailments.
- The majority of pharmacies or pharmacists will be ready to provide this service as of June 1st.
- Not all pharmacists in all pharmacies will be ready to offer treatment for all 21 minor ailments initially.
- Some pharmacies may need additional time to create a dedicated private, physical space for appointments to take place.
- Based on experience from similar services launched in other Canadian provinces, BC expects the pharmacy participation rate to be high.



Haisla Health Department

Describe how this works for a person who is accessing this new service?

- People can walk into a pharmacy or contact the pharmacy by phone to initiate the service.
- A pharmacist will make sure the person is eligible, obtain informed consent, perform the assessment then offer a treatment option (which can be advice for self-care, over-the-counter product(s), prescription for medications or directions to seek help from another healthcare provider).

Appendix D: Patient's experience of MACS (expected patient journey)

START

- **1. Awareness:**
 - Patient is made aware of the new Minor Ailment and Contraceptives Management Service (MACS) offered by BC community pharmacists through Ministry MACS website, GCPE news release, and public campaign organized by BCPHA. A list of participating pharmacies at launch can be found here:
<https://www.seeyourpharmacist.ca/>
- **2. Triggered event:**
 - Patient needs to seek medical attention due to minor ailment or contraception needs.
- **3. Schedule appointment or walk-in:**
 - Patient presents to a community pharmacy to request the service in person, or create an appointment through the provincial booking system (when available).
- **4. Learning about the service**
 - Patient learns about the service from a pharmacist; provides informed consent before proceeding.
- **5. Assessment:**
 - Patient is assessed by a pharmacist; this includes review of signs and symptoms, assessment of medical and medication history, and diagnosis (if applicable).
 - Patient is provided with an appropriate treatment, which may include over-the-counter or prescription medications, self-care advice, and/or advice to see other appropriate health care professional(s).
- **6. Follow-up and monitoring:**
 - Patient is informed of a personalized follow-up and monitoring plan, which will be implemented and adjusted as necessary based on their individual progress and any changes in their health status or treatment plan.

END



Ending this edition with a lovely view of the Douglas Channel on a sunny August day in Haisla Territory!

Wishing everyone an August filled with all the things that make you smile.

Wa!

