



HAISLA NATION COUNCIL

March 2023
gīgáuyala

"a bit of north wind comes every morning"

dútił

Upcoming Information Sessions in March 2023

Please mark on your calendars the following dates as place holders for upcoming information sessions for Haisla members on a proposed community ratification. The Monday, March 13, 2023 information session will be recorded and made available for Haisla members who cannot make any of the dates noted below. Please email mgrant@haisla.ca to be added to a list to attend virtually or to be added to the list to view the recorded presentation. Keep your eye out for additional information to follow in the mail to Haisla members 18 and over.

Monday, March 13, 2023 – in person and *virtual*

Haisla Nation administration building - Large Boardroom
500 Gitksan Ave.
Kitimaat, BC V0T 2B0
6:00 pm

Tuesday, March 14, 2023 – in person only

Best Western Plus Terrace Inn – Skeena Room
4553 Greig Ave.
Terrace, BC V8G 1M7
6:00 pm

Wednesday, March 15, 2023 – in person only

Hilton Vancouver Metrotown – Tiffany Conference Room
6083 McKay Avenue
Burnaby, BC V5H 2W7
6:00 pm

Haisla Nation Council

Meeting Dates

Haisla Nation Council is the elected decision-making body that sets the overall direction of the Haisla Nation in economic, organizational and community planning. Two committees are branches of Council:

The Executive Committee: The Executive Committee acts as an intermediary body to ensure that the operational side of the organization is performing in a satisfactory way through monitoring. The role of the Executive Committee is to set the expectations and monitor the performance of the Administration. The Executive Committee is accountable to Chief and Council, and primary responsibilities includes developing and proposing recommendations to Council and tracking the performance of the administration and ensure expectations are being met.

The Stakeholders Relations Committee: The Stakeholders Relation Committee's role is to develop recommendations and action plans to put forward to Council for consideration. As the name suggests, they work with external groups and stakeholders with a mission to foster the creation of positive, sustainable economic opportunities to benefit Haisla members.

The Committees meet regularly and to streamline time and process have made the decision to hold their meetings together to reach their common goal of being efficient and timely. In this streamlined process and goal of being efficient and timely, all Duly Convened Council meetings immediately follow the Committee meetings.

Haisla Nation Council is committed to keeping our membership informed of upcoming Committee and Duly Convened Council meetings with the following schedule of dates. *Please note dates are subject to change and an update will be made on haisla.ca if such changes are required.*

HAISLA NATION COUNCIL SCHEDULE OF COMMITTEE AND DULY CONVENED MEETINGS							
January 2023		February 2023		March 2023		April 2023	
Committees	January 11	Committees	February 22	Committees	March 15	Committees	April 19
Duly Convened	January 11	Duly Convened	February 22	Duly Convened	March 15	Duly Convened	April 19
May 2023		June 2023		July 2023		August 2023	
Committees	May 17	Committees	TBD	Committees	July 19	Committees	August 16
Duly Convened	May 17	Duly Convened	TBD	Duly Convened	July 19	Duly Convened	August 16
September 2023		October 2023		November 2023		December 2023	
Committees	September 20	Committees	October 18	Committees	November 15	Committees	TBD
Duly Convened	September 20	Duly Convened	October 18	Duly Convened	November 15	Duly Convened	TBD

Writing to Council - The process

Steps Haisla Nation Council takes when letter submissions are received from community members:

- 1** Letter submissions are received by the Clerk to Council in-person, by email (dugrant@haisla.ca) or by fax (250-632-2840)
- 2** The Clerk to Council acknowledges the receipt of the submission and provides dates of upcoming Committee and Council meetings.
- 3** Senior management reviews the submissions and following policy makes recommendations to the Committee and/or Council if required.
- 4** Follow up response to community member.



Haisla Education Department (K-12)

Intake is now open for Honor Roll and Honorable Mentions

Categories:

Principal's List – An average of 89.5% or higher (GPA 3.7 to 4.0)

Honor Roll – An average of 85.5% to 89.4% (GPA 3.0 to 3.69)

Honorable Mention – An average of 79.5% to 85.4% (GPA 2.8 to 2.99)

Academic Awards for Grades 8 to 12:

The Academic Awards Program recognizes the achievements of Haisla students in Grades 8 to 12 who are on the Principal's List or Honor Roll at their school for each semester. The intent of the program is to motivate all students to study consistently during their high school years leading to graduation and encourage all students to pursue post-secondary education and/or job training programs.

- Awards are available to Haisla students on and off-reserve
- To receive the award a signed Academic Award application form must be submitted to the Director of Education alongside their current report card for that semester no later than 21 days after receiving the report card
- For students outside of School District 82, a letter is required from the school verifying the student's academic achievement as well as their current report card
- The cheque will be awarded in the name of the student
- Awards will be ready within 21 days of receiving the documentation
- The application will be posted on Haisla Nation website. A copy can also be picked up at the band office

Criteria for Academic Award:

- The student must be taking a minimum of 3 courses per semester. If the courses are spread out over a longer period, a report card can be submitted once the 3rd course is completed
- The student must not have a failing grade in any of their courses
- Work habits are important. Any student who earns an "N" (Needs Improvement) will not be eligible
- The academic award given is either the honor roll or the principal's list, not both
- The school will be able to supply you with the GPA if needed
- If the course does not have a credit value attached to it, it will not be used as part of the calculation (e.g., Resource, LCTU, Distance Education Support Block, Grad Transitions Support Block, Spare)
- Must be submitted within 30 days of report card release.

Contact for inquiries regarding the application process can be directed to:

Angie Maitland
Education Department
128 Owekeno Ave Haisla, BC VOT 2B0
Phone: 250-639-9361 Ext. 351
Email: amaitland@haisla.ca





Haisla Finance Department

REMINDER:

It is important if you have moved or changed banking institutions that you update the HNC Finance department.



HAISLA NATION COUNCIL

Have you updated
your banking
information and
mailing address with
us?

You can email
your updated
information
to:

assistantcomptroller@haisla.ca
or phone
1-888-842-4752, Ext. 139

Why do we
need updated
information?:

- 1 Membership Payments
- 2 Updating our voter registry
- 3 Updating contact information for the Indian Registration Administrator



Haisla Health Department

We have extended the Haisla Health Centre "Expired Medication Drop Off" for another 3 weeks: February 27, 2023 to March 20, 2023.

Bring your unused
medications
back to us



Safe Disposal Medication Return Event

(DATE EXTENSION: Feb.27 - Mar.20, 2023)

Drop off your *expired or unused Medications*
to the **HEALTH Centre**

to have your name entered for a
chance to win a PRIZE!!

Prescription Drugs:

- ♦ Heart Medication
- ♦ Diabetes Medication
- ♦ Pain Medication
- ♦ Asthma / COPD Medication



Solution



Cough syrup



Antiseptic



Oral rinse



Lotion



Decongestant spray

Over the Counter Medications:

- ♦ Pain & Fever Medication
- ♦ Allergy Medication

Natural Health Products:

- ♦ Calcium
- ♦ Magnesium



Blood



Softgel



Ointment



Toothpaste



Eye drops



Inhalers



Lozenges



Tablets



Capsule



Caplet



Aspirins



Effervescent tablet



Powder

DATE(s):

♦ Feb.27– Mar.20,
2023

♦ @ Haisla
HEALTH Centre

START-END TIME:

Monday to Friday
(8:00 AM to 4:00 PM)

Have your name entered
to win a Prize !!



First Nations Health Authority
Health through wellness

If you have questions,
contact the event organizer:

NAME: **Crystal Ross**

PHONE: **250-639-9361 Ext. #301**

EMAIL: **cross@haisla.ca**



Haisla Health Department

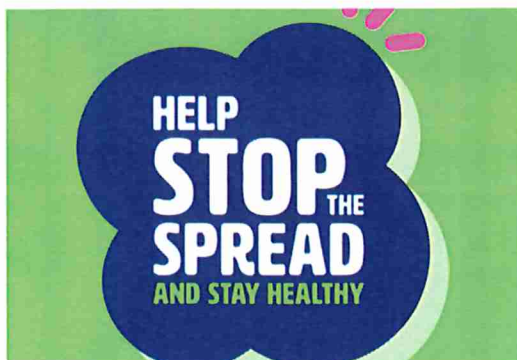
Covid will not be going away any time soon and it may be around forever.

The Province and Federal governments have moved away from data taking and have even moved away from self disclosure reporting since rapid test kits are so available. This process would make data taking inaccurate.

Whenever there is a large gathering, it would be expected that there is a greater likelihood of an increase in Covid or any other infectious disease that may be present at the time. This could be intestinal or respiratory IE. common cold or a viral stomach flu/ etc.

The best place to look up the latest information on Covid is on the Provincial website: **BC Centre for Disease Control**. Individuals can type in **BCCDC Covid** and a link should appear. All the latest updates for treatment, management, regulations etc. can be found on site.

Stay informed. Stop the Spread. Stay safe.



Stay home if sick

Stay home and away from others until:

- your fever is gone (without the use of medicines that reduce fever like Tylenol), AND
- you feel well enough to return to daily activities.

Avoid close contact with people at higher risk of severe illness or complications from COVID-19.

If you cannot stay away from others while you have symptoms, take these prevention measures:

- wear a mask indoors
- cover your coughs or sneezes with your elbow
- clean your hands often

If you don't have symptoms, you do not need to stay home or avoid others, regardless of test results.

Managing symptoms at home

Most people can safely manage their symptoms at home.

- Take rest
- Drink lots of water and fluids
- Use a humidifier or hot shower to ease cough or sore throat
- For fever, take medicine like acetaminophen (Tylenol) or ibuprofen (Advil)

Urgent care

Go to an urgent care clinic or emergency department if you:

- have difficulty breathing
- feel very sick
- have chest pain
- feel confused
- can't drink anything



Haisla Health Department

COVID-19

What to do if you have COVID-19 symptoms



BC Centre for Disease Control
Prevention & Health Services Authority

Stay home

- Rest and allow yourself to recover.
- Whenever possible, have family, friends, or a delivery service bring food, medication and other supplies to you.
- Avoid close contact with household members who may be at higher risk of severe illness, such as very young children, elderly, and immunocompromised, if possible.
- You can still do essential chores such as checking your mail or walking your dog.

If you need to go out

- It is best to walk, ride a bike, or drive yourself.
- If you travel in a car with anyone (in a taxi or a ride share, or even with someone from your household):
 - Everyone should wear a mask
 - Roll down all the windows
 - Everyone should clean their hands before and after the ride
- If you must take public transit:
 - Wear a mask
 - Clean your hands before and after the ride



If you live with others

- Let everyone at home know you are sick/not feeling well.
- If possible, stay in your own room and use a different bathroom than others.
- If you must be in a room with others:
 - Wear a mask or respirator that covers the nose, mouth and chin to reduce spread.
 - Open windows to increase airflow.
- If eating around others, ensure good respiratory etiquette (cough/sneeze in your sleeve) and avoid close face-to-face contact.
- Everyone should wash hands often with soap and water, or use hand sanitizer.
- If you share a bathroom:
 - Put down the toilet lid before you flush.
 - Turn on the fan or open the window.
 - Clean handles and faucets after each use.
 - Avoid sharing personal items like toothbrushes and towels.
- Clean and disinfect high-touch surfaces such as door handles, light switches, faucets, phones, computers and remote controls.





Haisla Health Department



EVENT SPONSOR

LNG CANADA
Opportunity for British Columbia. Energy for the world

NAVIGATING DEMENTIA

A **FREE** COMMUNITY EVENT BROUGHT TO YOU BY THE KITIMAT VALLEY HOUSING SOCIETY

Including a Virtual Dementia Tour
Limited to 60 participants on each of the two days.

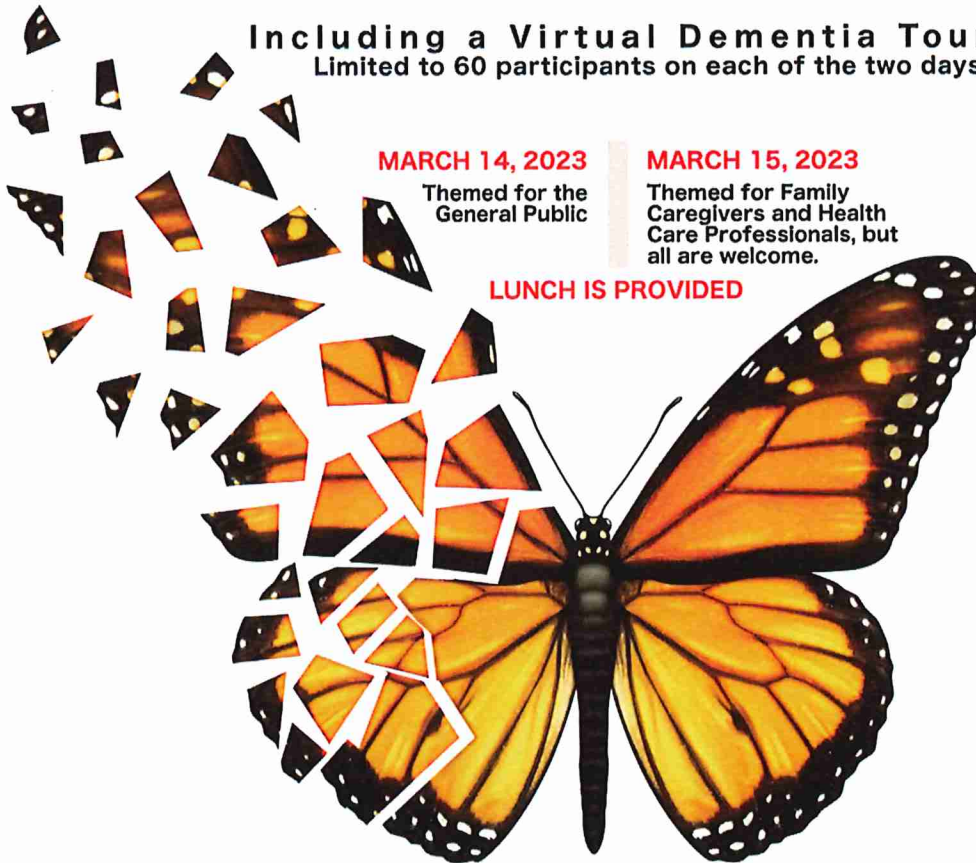
MARCH 14, 2023

Themed for the
General Public

MARCH 15, 2023

Themed for Family
Caregivers and Health
Care Professionals, but
all are welcome.

LUNCH IS PROVIDED



RIVERLODGE RECREATION CENTRE

**Register by March 10th (for one or both days) by calling
Riverlodge @ 250-632-8970 | Limited space so register early**

Sign-in 8:30 am / Events 9:00 am to 5:00 pm



Gitxaala Horizon North Services LP



Haisla Fisheries & Harbor Operations



As we move through the winter months this is a reminder for boat owners to clear the snow from their boats.

If a boat owner is unable to clear the snow it is recommended they make arrangements with a family member or friend to look after the boat on their behalf.

Thank you.



March

2023

Haisla Youth Program

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cook together 5:00pm start: Spaghetti & Garlic Bread	2 How Clouds Make Rain 4:30pm Drumming 6:00pm- 7:00pm	3 Movie Night 8-12 years old movie 4- 6pm 13-18 years old movie 6- 8pm
6 Canvas Paintings 4:30pm	7 Oil Pastel Art 4:30pm	8 Cook together 5:00pm start: Pancakes	9 Kids Yoga 4:30pm	10 BINGO 5:00-7:00pm
13 Making Designs for felt side pouches 4:30pm	14 Felt Side Pouch 4:30pm	15 Cook together 5:00pm start: Macaroni & Cheese	16 Gratitude Tree 4:30pm Drumming 6:00pm- 7:00pm	17 Saint Patrick's Day! Movie Night 8-12 years old movie 4- 6pm 13-18 years old movie 6- 8pm
20 What is Smudging? 4:30pm	21 No Sew Blankets 4:30pm	22 Cook together 5:00pm start: Grilled Cheese and Soup	23 Fun Work Out 4:30pm	24 Board Game Night 5:00-7:00pm
27 Medicine Bags 4:30pm	28 Pony Bead Art 4:30pm	29 Cook together 5:00pm start: Beef and Broccoli with Rice	30 Vision Boards 4:30pm Drumming 6:00pm- 7:00pm	31 Movie Night 8-12 years old movie 4- 6pm 13-18 years old movie 6- 8pm

Haisla Youth Center drop-in hours are 3:00pm-8:00pm Monday-Friday

March 21-31st Spring Break drop-in hours will be 1:00pm-8:00pm

Phone numbers for the Youth Center:

Downstairs mainline: 1-778-735-2419

Upstairs mainline: 1-778-735-2312

Coordinators Office: 1-778-735-230

A healthy snack is provided daily after school. We do not provide dinner and recommend your child heads home to eat and returns after if they would like.

As of March 1st, 2023, if youth have not returned their signed Liability form, they will not be able to utilize the Youth Center until the form is signed form is returned.

Haisla Community Development Department

NEW EAGLEVIEW APARTMENTS AT 605 EAGLE CRESCENT, KITAMAAT



Haisla Nation Council is excited to announce the completion of the new EAGLEVIEW Apartments, located at 605 Eagle Crescent.

The Haisla Nation has partnered with BC Housing to build a 23-unit, three-story apartment building for Haisla peoples in Kitamaat Village. Located on a quiet cul-de-sac, with beautiful unobstructed views of the natural environment, EAGLEVIEW Apartments is a three-storey apartment building that offers five one-bedroom, 12 two-bedroom, and six three-bedroom apartments. Of the 23-units, 3 suites are fully accessible. Each unit is equipped with a private deck and additional storage space, and the building is designed to provide central open air-space, a shared community room, ample shared deck/outdoor spaces, and a beautiful inlet view.

Applications are now being accepted for move in on April 1, 2023.

Additional information plus the application can be found at haisla.ca or email rentals@haisla.ca.



HAISLA NATION

Paper applications are also available from the Receptionist at the Haisla Nation Administration building.

